

# CONTACT US

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Please select your preferred 30 minute time slot. '1st' (ideally the same for each day) '2nd' - for your second preference

DAY	9:30-12:30	2:00-5:00-pm	7.00-8:30pm
Mon 24/6/19			
Tues 25/6			
Wed 26/6			
Thurs 27/6			
Fri 28/6			End 5:30 pm

EARLY MORNING APPOINTMENTS  
MAY BE POSSIBLE - PLEASE ASK  
WHEN BOOKING

## Key dates

- **Deepening Prayer, different ways of praying**  
- **Tuesday 12th March** 7:30pm Christ the Prince of Peace, Parish Hall.
- **Sign-up Weekend - 4th/5th May**
- **Week of Accompanied Prayer Opening Service - 23rd June 2019 4pm.**

Allocation of participants to meet as a group and meet with their prayer guides.

Half-hour meetings with your prayer guide on a one to one face to face (Skype may be possible) basis will be from Monday 24th June to Friday 28th June.

- **Closing meeting** - Friday 28th June 6:30pm for light meal and feedback session.

Mass 8:00pm (All welcome).

# WEEK OF ACCOMPANIED PRAYER



Offering us a way to continue to realise our desire to deepen our prayer lives...

A retreat in daily life.

Sunday 23rd June to Friday 28th June 2019

Christ the Prince of Peace and the Weybridge Deanery Parishes



### Who are the guides?

The Prayer Guides are an ecumenical group of men and women, some lay and some ordained, all have completed formal training and are in supervision.

**The role** of the guide is mainly to listen, to encourage and to enable you to develop, deepen and to support your desire for your prayerful relationship with God. They will support you in your everyday realistic faith journey.

**Key Offerings.** An opportunity to get gentle nurture to support your desire to walk closely with God, to rest in God, to talk to God and to listen and attend to the movements of God in your life.

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## WHAT IS A WEEK OF ACCOMPANIED PRAYER?

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Half an hour a day, for 5 days, gently and confidentially exploring prayer (scripture, images, approaches etc) accompanied by a trained prayer guide, exploring how to deepen your relationship with God.

### WHO IS IT FOR?

It does not matter where you are on your faith journey or whether you find it easy to pray or not.

This week is for discovering more.

**In reality, it is God inviting you ...**

### CURIOUS? HOW IT WORKS ...

**At the beginning of the week,** Sunday, each person is assigned a prayer guide. This person will accompany you throughout the week.

**A set time each day** is set aside for personal prayer (typically 20-30 minutes, or whatever you can manage).

**Up to 30 minutes reflection** with your prayer guide is provided.

**The meeting** is a time to share your experience, ask questions, and/or be silent and discover what might bring you closer to God.

**The meeting will** occur at (usually) the same mutually agreed time each day

**When can I meet with my prayer guide?** You can meet morning, afternoon or evening. You may want to meet on your way to work or to your home.

**Where will we meet?** Generally, people will meet on the Christ the Prince of Peace site where there is parking. There is some facility for home meetings.

**Donation.** If you are able to make a donation, £30 is the recommended amount to contribute to the expenses of the guides.